



**Carmichael  
Connection**

**December  
2017**

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**CARMICHAEL ENTERPRISES RESIDENTIAL PROGRAMS LTD**

**IN THIS ISSUE**

**MEET ARI NEUFELD**

Submitted by: Mike & Carmela Taylor

*Ari Neufeld will be performing at Carmichael Enterprises' Annual Holiday Party!!!!*

**Bio**

I live in the hills of the Okanagan...except when I'm living in Austin, TX

I make rhythm with my feet...

Scoops and stomps on a little wooden box I found in my grandfather's tool shed.

I make melodies with my tongue and teeth and lips.

I play the guitar. And Piano. And Banjo. And Ukulele. And Telecaster. And I live to sing.

I travel.



It's a work in progress, but it is getting acclaim from the strangest places. Famous people that have recently said cool stuff about it include Riley Inge (Temptations), Tegan Quin (Tegan & Sara), Wil (Minimnaugh), Andrew Smith, Damien Rice, Gil Zsabo, Randy Cabarello, Joe Ables, Chet Himes, Charlie Sexton, Kevin Wommack, Terry Kaiser, Rik Leaf, Bill Kennedy, Joel Kroeker. It's a cross between highly ambitious flailing live one-man action, folk rock, contemplative swooning, drunken craziness and dark lullabies, with a heavy seasoning of humor throughout. Thank you for stopping by!

<https://www.arineufeld.com>  
<https://www.instagram.com/arineufeld/>  
<https://www.facebook.com/arineufeld2/>



**DISABILITY  
CHRISTMAS SONG**

Page 2



**FUNDRAISER  
EQUUS: HEALING THROUGH  
HORSES**

Page 4

## STAFF SPOT LIGHTS

happy  
birthDay  
to you!

## Birthdays - December 2017

Anesu	Frank	Steven K
Rhianna W	Peter	Rhiana C
Mary	Derwin	Ron
Alfredo		

## Staff Draw Winners

NOVEMBER: Melody



## Welcome New Staff &amp; Returns

Lisa- Marie

## RANDOM FAST FACTS



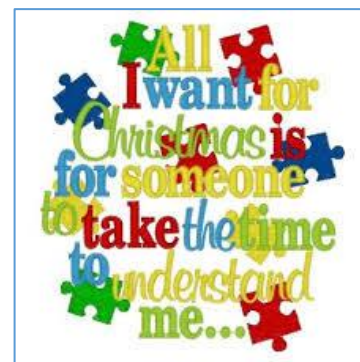
Franklin Pierce was the first US President to have a Christmas tree in the White House.



The concept of Boxing Day was to give boxes of food and clothing to the poor. It is now viewed as a time to get merchandise at reduced prices.

## OOPS!

If we have missed anyone off the Staff Spotlights please contact the office so we may correct in the next issue. Thank you!



## DO YOU HAVE CHILD WITH DISABILITIES? COUNT YOUR BLESSINGS THIS CHRISTMAS WITH THIS SONG!

Submitted by: **Author Unknown**

Excerpts from: <https://www.sensory-processing-disorder.com/christmas-poem-disability.html>

On the first day of Christmas, the good Lord gave to me: a child with a disability.

On the second day of Christmas, the good Lord gave to me: a heart full of love for my child with a disability.

On the third day of Christmas, the good Lord gave to me: an ache in my heart and a heart full of love for my child with a disability.

On the fourth day of Christmas, the good Lord gave to me: a tear in my eyes, an ache in my heart and a heart full of love for my child with a disability.

On the fifth day of Christmas, the good Lord gave to me: an unsuspected strength for the tear in my eyes and the ache in my heart and my heart full of love for my child with a disability.

On the sixth day of Christmas, the good Lord gave to me: a ray of hope, an unsuspected strength for the tear in my eyes and the ache in my heart and my heart full of love for my child with a disability.

On the seventh day of Christmas, the good Lord gave to me: a sense of humor, a ray of hope, an unsuspected strength for the tear in my eyes and the ache in my heart and my heart full of love for my child with a disability.

On the eighth day of Christmas, the good Lord gave to me: supportive friends, a sense of humor, a ray of hope, an unsuspected strength for the tear in my eyes and the ache in my heart and my heart full of love for my child with a disability.

On the ninth day of Christmas, the good Lord gave to me: remarkable teachers, supportive friends, a sense of humor, a ray of hope, an unsuspected strength for the tear in my eyes and the ache in my heart and my heart full of love for my child with a disability.

On the tenth day of Christmas, the good Lord gave to me: an appreciation of small accomplishments, remarkable teachers, supportive friends, a sense of humor, a ray of hope, an unsuspected strength for the tear in my eyes and the ache in my heart and my heart full of love for my child with a disability.

On the eleventh day of Christmas, the good Lord gave to me: a sense of pride, an appreciation of small accomplishments, remarkable teachers, supportive friends, a sense of humor, a ray of hope, an unsuspected strength for the tear in my eyes and the ache in my heart and my heart full of love for my child with a disability.

On the twelfth day of Christmas, the good Lord said to me: Reach out and share your sense of pride, your appreciation of small accomplishments, your remarkable teachers, your supportive friends, your sense of humor, your ray of hope, your unsuspected strength for the tear in your eyes and the ache in your heart and your heart full of love for your child with a disability

## PORT ALBERNI FUNDRAISER ANGEL MAGNUSSEN COMPETES IN FITNESS COMPETITION

Excerpts from: **CHEK News April Lawrence**

<https://www.cheknews.ca/port-alberni-fundraiser-angel-magnussen-competes-fitness-competition-380966>

Angel Magnusen has always been a fighter and for the past year and a half, the 21-year-old has been in the gym every single day, working tirelessly to fulfil her dream of competing in a bodybuilding competition.

Angel has spent much of her young life giving to others, creating her own charity [Hugginz by Angel](#), where she makes blankets for sick children around the world.

She has raised hundreds of thousands of dollars for children's charities and was even crowned Canada's nicest person in a Roots Canada competition earlier this year.

But Angel, who has Downs Syndrome, Autism, and an anxiety disorder, is now doing something for herself.

"She's lost 45 pounds and she's just incredibly, this is the healthiest she's ever been," said Angel's mother Cheryl Magnusen.

Angel's doctors and specialists say they have never seen such a dramatic transformation — Angel hasn't been hospitalized once since she started her fitness and eating program.

And last weekend was her chance to shine.

Angel took the stage in her bikini, hitting all her poses in front of a packed crowd at the NPAA competition in Vancouver.

"She's worked so hard, so incredibly hard for this goal, to be able to step on that stage and be like every other athlete out there," said Magnusen.

But in a life filled with challenges, this experience was no exception.

Angel, who struggles with balance, donned high heels like her fellow competitors and although she had practiced walking in them four hours a day, she faltered.

With the help of a staff member and the support of the entire crowd she walked right back to centre stage, put on her best smile, and proudly finished off exactly what she went there to do.

"If that were me I would have maybe cried, ran off stage, would have been embarrassed, and she just got right back, and smiled, and finished her posing," said her trainer Nomi Samson.

Her fellow competitors, so inspired they broke their posed positions to hold Angel's hands.

Angel Magnusson won the Heart award that day.

She is already back at the gym working to build even more muscle so she can compete in an even bigger competition next year.



## UP COMING EVENTS



### HUMAN RIGHTS DAY

December 10, 2017

<http://www.un.org/en/events/humanrightsday/>



### CARF Canada

Webinars ~ CARF is committed to providing the highest quality education and training opportunities in a format that promotes ease of access and participation. Our web-based trainings offer you the following:

- Training in the comfort of your own office or home.
- No travel-related costs.
- An engaging and interactive format.
- Multiple participants in the training for one connection price.

<http://www.carf.org/Events/Webinars/>



### CHRISTMAS DAY

December 25, 2017

## FUNDRAISER FOR EQUUS: HEALING THROUGH HORSES

Submitted by: Mike Taylor - Executive Director

# Burger and Beer Fundraiser

Equus is 100% independently funded and this project is only possible with your support. The goal is to reach a global audience and raise awareness about the various practices that exist in Equine Therapy



## Equus: Healing Through Horses

A groundbreaking documentary series highlighting different ways in which people work with horses in a healing context with a focus around mental health

Silent Auction  
50/50 draw  
Toonie toss  
Wine grab

December  
2nd, 2017

6-9pm

Old City Station  
Pub

Tickets: Available @  
6531 Metral Drive  
Cost: \$20/ticket or  
email transfer @  
beerandburger2017@  
gmail.com  
(Pswd: Equus)

We are hosting a large fundraising event!

Our event will be held at the Old City Station Pub December 2, 2017 6-9pm. We are raising funds to continue:

**Equus: Healing through Horses**, a groundbreaking documentary series highlighting different ways in which people work with horses in a healing context, with a focus around mental health. Equus is 100% independently funded and this project is only possible with your support. The goal is to reach a global audience and raise awareness about the various practices that exist in Equine Therapy.

Did you know that in any given year, 1 in 5 Canadians experiences a mental health or addiction problem? Or that mental illness is the leading cause of disability in Canada? By the time Canadians reach 40 years of age, 1 in 2 have or have had a mental illness. Mental illness touches all of us at some time during our lives. If we are not the ones afflicted, then it will be a family member, a loved one, a friend or a client that we support.

Our event is expected to draw approximately 500 supporters and participating businesses will be prominently featured in our event program. In addition, each program contains a "support our supporters" flyer listing contact details for these businesses.

Can you help us out with a donation of a product or service from your business because it will greatly help? All donations are greatly appreciated and are tax deductible. Your donation can be something as simple as a gift certificate to your business.

Thank-you in advance for your consideration and support.

Sincerely,

Nicky Powell, Nick Borzel and Randi Nykwist

Event coordinators

Carmichael Connection

Serving Nanaimo to Campbell River

Randi's Place - Wellington Place - Oceanside Place - Creekside Place - Shamrock Home - Hammond Place - Uplands Home - Harbourview Place - Matt & Dan's Home - Buckley Bay Home - Bronte's Home - Martin Place - Outreach Home - Sherbourne Home - Nim Nim House -